

THE WHITE EAGLE LODGE

STAR CENTRE FOR CANADA Vol. 40 Christmas 2021



# DRUMBEAT



*GLORY TO GOD IN THE HIGHEST;  
ON EARTH, GOODWILL AND PEACE*

## Sue's Letter

Greetings to our White Eagle Family & Friends,



As the festival of lights is upon us within so many different religious paths, we may be looking forward to a more familiar Christmas celebration this year. There were physically-distanced visits that took place last year when gifts and food were exchanged. Now we are looking forward to having our family and friends visiting inside our homes.

The transformation during this Age of Aquarius continues with its lessons for all no matter where you live. We are also witness to the toll it is taking on Mother Earth. Humanity yearns to help one another wherever they can when tragedy strikes.

‘A brother -sister of the light dwells in the spirit, sees good, and knows that all works together for good. If you train yourselves to think positively of good, to see good and believe in good, you are serving the whole of creation. Think about God and you will be with God; you will be in God’s kingdom. Do not allow your thoughts to limit your life, or the life-force which continually flows into you.’

We had a wonderful zoom visit with Colum Hayward in June. Colum was supposed to be with us physically but that was not meant to be. He talked about the Polaire Brotherhood and the origin of our six-pointed star as well as St John’s influence during this vital time. You will see a photo of our zoom group in this issue.

There is also an article that Colum wrote, *The White Eagle Cathar* which was part of a series of articles Colum contributed for the Stella Polaris. He imagines how the Cathars could transpose their ideals to the Christmas of today. They were very caring within their communities and performed their greatest service when reading the consolamentum at the time of death. The soul and spirit of others was greatly respected by the Cathars and they knew the gift of saying a kind word and loving all.

Lesley Tarrant Belcourt and Margaret Rees have contributed articles as well. Lesley writes about the spiritual necessity of being thankful in all we do so that we may open our hearts to this wonderful life on earth during our times of sorrow and joy.

Margaret focuses on the Divine Feminine and the Mother-principle which is wisdom and love. This leads to an expansion of our spiritual consciousness as there is “a much greater inflow of love and wisdom to bring about equality and a return to sanity, to harmony, to happiness.”

Anne Doubleday has written a lovely tribute to her husband, Harry, who passed into the light in June. He also leaves his daughter Janet who is a member as well. He was a founding member of the B.C. Daughter Lodge. Harry's life was one of service from his time in the Royal Canadian Navy and Corrections Canada to his loyal involvement with the Lodge. We thank you Harry for your dedication and all that you did for the B.C. Lodge. You will be greatly missed.

As the new Mother Lodge temple is being built in New Lands, we are updated via the website, [www.whiteagle.org](http://www.whiteagle.org) and on Facebook, <https://www.facebook.com/whiteaglelodgeuk>. Jeremy Hayward writes frequently on Facebook and we have featured one of his articles. He talks about a ceremony that took place in June. A copper star on a cross-within-the-circle was laid in the bare foundations of the original temple as White Eagle requested. It seemed only fitting and vital that this ceremony should take place now with a new copper star that was created. The copper star ensures the spiritual power that was built up in the original temple will be held within the new temple.

As we come into this quiet time of the year, let us welcome the gentleness and the silence that lies in the power of love; which is where we find peace. We may imagine ourselves taking a walk in nature. As our spiritual consciousness is raised, we realize this is how we can help humankind by using our beautiful 6-pointed star as we enfold Mother Earth with our positive thoughts of healing and love.

“This light in the heart, dear brethren, is the secret of magic, the secret of all miracles; when love lives in the heart and manifests through the life, then miracles are wrought.”

From all of your Canadian White Eagle family, we wish you a joyous Christmas and all blessings for the New Year.

Sue, Leader, Star Centre for Canada



# THE WHITE EAGLE CATHAR

*By Colum Hayward*



THIS IS THE second Christmas to pass since I began

this series of articles, and maybe it will be time soon to move on. Before I do, here are some more thoughts about Christmas from a Cathar perspective. I pointed out last Christmas how Cathars were aware –in a similar way to White Eagle –the dual nature of Jesus: the little human babe, born in a stable, to earthly parents, and one so much greater, whom White Eagle calls the Christ to distinguish him, the being who enables us to see the possibility of true spirit life and how it can be embodied. I have argued here that what is special about Cathars’ belief is how they established a real sense of living the true spirit life on earth, by virtue of the extraordinary responsibility held by the parfait, that of actually living the life of Christ. And in imitation of the Cathars, the birth that we seek through our work in the Lodge is to bring about, collectively, that elusive ‘standard of life which is in harmony with the infinite love’, a phrase so often quoted in our documents.

So I find myself wondering, through the message of Christmas and the message of the Cathars, how can we best bring about that extraordinary achievement? First, I suppose, we should turn to the message Christmas brings above all: the innocence of the little child. It is a gift of the imagination, partly: the eyes of a tiny child whom we see in pram or on shoulder speak so easily to us of our home above, which the baby has so recently left. The simple gifts we exchange are messages of love, just as they were when the Magi brought them to Jesus. They are messages of respect, too, respect for the Christ within every one whom we bless with our gift or even just honour with a card. ‘The light in me salutes the light in you’ is the perfect message of those gifts, and if they are humble gifts, so much the more so. We remember at Christmas that truth is essentially simple, and that in White Eagle’s message as in all religions, it comes down to just two things: to act with kindness and to be grateful, which is the same as to be mindful.

Simplicity is so deeply the message of Christmas, that many of us, I think, shudder at the complexity materiality places upon it. White Eagle actually helps us to enjoy the fun: I find myself sometimes much less able than he seems to be to rise above the depression London’s Oxford Street sets off in me as the Christmas shopping season approaches its peak. Materialism is depressing: in the scheme of things it is actually meant to be, I believe, until we redeem it by seeing the light in all of it and thus ‘redeem’ it. And that is Cathar too.

But to work from simple mindfulness, gratitude for the moment, is the best way to overcome the towers of material wealth that have so little of care lodged in them.

Care, yes, The Cathar *parfait* was mindful of the duty of care, always. His or her most important task was to be with the dying, to make sure that their material death was a birth into spiritual light. That normally meant administering the *consolamentum*, if the dying one was ready. If it is beautiful to look

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***“What is special about the Cathars’ belief is how they established a real sense of living the true spirit life on earth”***

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one dying, and many readers will have heard me speak of how the light in the whole of my mother’s countenance as she lay dying convinced me that she was most consciously ‘walking into the light’ as she passed. Maybe for those facing their first Christmas after a bereavement to think of death as birth will itself be comforting: it certainly is for me, three years after Ylana died.

I have written of how the *parfaits* travelled not just from chateau to chateau but from simple home to simple home. Every home they went to was, in its own way, a stable or a cave. Legend has it that the Cathars used caves as places of initiation. I am not quite sure how well founded the legend is, but I am certainly convinced that the symbolism of a cave is right for initiation. We go right into the darkness, facing the loss of the physical sun, reminding ourselves of its endless continuation and coming through into a greater light.

I think I am right in saying that the tradition of a Christmas crib, a re-enactment in clay, wood or (today) plastic figures of all those who traditionally stood around the newborn Jesus in his cave or stable, goes back to St Francis. Francis was almost exactly contemporary with the Cathars, and there is an intriguing possibility that his father was exposed to Cathar thought in northern Italy, while his mother came from roughly the Cathar area in southern France. It’s far too much of an assumption to think of the Christmas crib as Cathar, but contemplation of this simple creation at the least takes us back to the uncomplex devotionism of the mediaeval mind.

How lovely it would be if we could also show that in the Cathar one of the symbols that most resonated was the Star of Bethlehem! Sadly our scant records of them do not include this symbol as far as I know, and yet I am sure we rightly connect with them (we in the Lodge) as a manifestation of the same brotherhood as ourselves.

records of them do not include this symbol as far as I know, and yet I am sure we rightly connect with them (we in the Lodge) as a manifestation of the same brotherhood as ourselves.

Dear Cathars, we are with you at this time, we who hold the responsibility now that you held once! Our enemies, the agents of materialism, are not so different from the ones you faced. You saw them in a powerful church, and in greedy nobles who swept down on you from the northern lands. Our greedy nobles are there, too; our powerful church is the church of consumerism; and our message is just as yours. Be simple; be kind; be non-violent to all, including animals; love all, however different their perspective from our own; let the material world have no hold on us. And in this new age, let us be non-violent to ourselves too: see the little child within our own hearts, and bring our gifts to that too. Happy Christmas!

*Stella Polaris Dec-Jan 2014-15 pg.21-23*

## A CHRISTMAS INVOCATION

By White Eagle

We remember that holy birth, the birth on earth of the great initiate Jesus, through whom the Christ Light shone, and ever shines, onto the earth, and through the human heart. In the silence of the spirit our vision opens to the company of shining ones and angels who gather to adore the birth of the Lord Christ, a symbol of the birth of the Christ Child in the human heart.

May our ears be touched that we may hear the song of their wings and learn to remember their touch of peace in our lives. Father Mother God, may the veil fall from our eyes in this hour of communion and worship in company with all creation; and may we glimpse into heaven and see love, your child, your son. In the silence and stillness of eternity may we know the meaning of love.

O gracious spirit, our beloved Lord,  
we thank you for the Christ-Mass.





# Tribute to Harry Doubleday

## By Anne Doubleday



It is with a happy heart and sincerity that I write this tribute to Harry. Harry was a man of service, having spent 25 years in the Royal Canadian Navy, then after moving to British Columbia from Nova Scotia, joined Corrections Canada for a further 15 years.

Harry was a man of his word, steadfast in his work and with his family. He became a White Eagle member after he left Corrections Canada, and was a founding member of the B.C. Daughter Lodge, investing his time in service, healing and anything else he was called upon to do.

He loved spending time at Saint Johns's Retreat Center, on work retreats he relished in, always willing to lend a helping hand. He met many people from around the world, making friends wherever he went. He truly led a life of service, and thrived on it. He will be greatly missed.

Harry Doubleday.....1930 - 2021



In the back row, Janet Vincent, Harry & Anne's daughter (in pink), Anne & Harry





## THE DIVINE FEMININE

*By Margaret Rees*



In the Lodge we routinely speak of and to Father and Mother God, which feels intuitively right. It is comforting to feel our Creator, the Great Spirit, is like our parents: knows us personally, is strong, loving and forgiving. My thoughts currently have centered on a question to myself about my relationship with Mother God. I haven't had a clear enough sense of her as herself, separate from Father God, and have been wondering why, and hoping to do better.

Talking about our understanding of, and relationship with, the Great Spirit, White Eagle says, "Fundamentally, there is only one religion. How can we describe it? It is a state of *affinity* with *infinity*. Religion is a permeating essence in life, and the spirit of a person needs to become in harmony or affinitized to this permeating, infinite essence. Do we mean then that God is an abstract essence, and has no human relationship with ourselves or other people? No. God is our Father...our Mother also." So he brings the idea of God right into our hearts, to the human relationships fundamental to our being. It is Divine Mother who creates form. Mothering is essential not only for our birth but for the loving, nurturing, healing, intuitive qualities we think of as feminine.

The ideas of Mother Earth and of Divine Mother seem closely related and have perhaps been so for long ages. Our relationship with our beloved Mother Earth was in earlier times, and still is in indigenous cultures, one of inclusivity, of recognition of the way all of Nature, including humans, is intertwined. All of life, every thing, is sacred, and as the feminine in humans comes to greater focus, we are beginning to understand this and relate more gently with all the lives around us.

White Eagle tells us that human beings all have both male and female qualities, and that whether born as men or women we need to nurture in ourselves the qualities of the other gender. Then he says, "What do we see in the world today? Why is there such terrible suffering? Because humanity has starved itself of the Mother principle for many centuries. There has been domination, first by the body and then by the intellect or brain. Both have tended to imprison, if not slay, the divine Mother-principle, which is wisdom and love. In the future will come this illumination, this initiation, this expansion of spiritual consciousness. You will see this mother aspect – not merely woman, for we are speaking of divine principles- you will see this divine principle of the Mother slowly but surely influencing the world. As a result there will be



a much greater inflow of love and wisdom; a lessening of the power-complex which , working through the human brain, causes individuals to produce the most diabolical machinery for the destruction of life. When the spirit of the Mother works hand in hand with the true Father principle (which is the higher, the divine mind), you will get a return to sanity, to harmony, to happiness.”

He goes on to say, “As the years go by you will see women less and less excluded from high office, but given their correct, honourable place in the affairs of the world. The soul, or the woman aspect of your make-up, is that aspect which inspires praise and worship. It is the soul that is stirred in religious service. Music can arouse the soul. The ritual of religion can stimulate and stir the soul. And all the time the soul is developing this feeling, this intuition, which is enabling the spirit to contact matter, to come into greater manifestation in matter.” This seems hugely important: as our souls, the woman aspect of ourselves, is fed or stimulated and so we, in our small individual lives, contribute to the evolution of consciousness that the current turmoil is the background for.

The growth of the feminine in the world, is not totally a matter of simply having more women in government, of course, although that is a most helpful and necessary part of the change towards balance and harmony. Feminine qualities need generally to be more highly valued and nurtured in a male-dominated world. For myself, I realise that I fear being seen as pushy, when putting forward my opinion, having grown up in a world where women were definitely seen as secondary to men. I need to practise speaking up fearlessly!

And of course many women are doing just that, raising all of our awareness of the ways in which many men have undervalued us as humans, at the same time as many men are coming to recognise the existence of their feminine aspect and to allow that to enlarge their understanding and their experience. They can enjoy taking care of their babies, for instance, and allow themselves to cry, even. White Eagle is, as always, very positive about the direction we are moving in: “We see everywhere signs of the coming of the light to humanity. We see this in the stimulation of the Mother-aspect, or the feminine aspect of life. Women have the vision, and are beginning to take their proper place in order to bring about a more perfect balance in the world. For there comes a time when the soul has to learn and understand the law of equilibrium. Until man and woman live in perfect partnership, each playing their part in the evolution of the race, there cannot be real progress. With the coming of this feminine aspect and the balancing of life there will be great progress on your earth. There must be equality; spiritual equality, mental

equality, there must be mutual respect and true partnership between man and woman. This new state of affairs will mitigate many of the ills which still exist.”

White Eagle has more to say about Divine Mother’s work in the world. He reminds us that the wise human mother must at times withhold nurturing her child in order to teach him or her a necessary lesson. She loves unconditionally and wants the best for her child, so she sets limits, takes something away, perhaps. And so he says, “The Mother aspect of God is dual, and destroys as well as creates. Before the new age of Aquarius can fully be ushered in, there has to be a breaking-down of old conditions. When a condition has served its purpose it must be absorbed, it must go, and this is the value of the destructive element in life. We would give you a true perspective of the value of destruction – of the clearing away of old methods and old ideas, and of making ready for the coming of the good, the true and the beautiful.” Trying to grasp the idea of Divine Mother as a destroyer brings the thought that death is just as wonderful, mysterious and profound an experience as birth. Male-dominated culture, while suppressing the feminine has also fostered fear of dying. Death can be thought of as birth into the next chapter of our spirit’s life. As Divine Mother and her angels are present for every birth, she and they are present for every passage into the world of Light.

Pondering these ideas, I can find comfort in the understanding that Divine Mother is, in her loving wisdom, at work. She is clearing away outworn institutions and ideas, producing what we see on the material plane as utter chaos and dreadful suffering. And this is so that a new age, balanced and harmonious between men and women, and the planet Earth, can grow, as we in the Lodge continue in the work she has given us, radiating her light which is vital to the emergence of the world we are all waiting to see.



***Only through love and thought-power can humanity be touched, helped and guided. Only thoughts of a constructive nature can assist the great masses of the unhappy and the suffering. Plant thought as a seed and action will follow.***

*White Eagle*

## ST. JOHN THE DIVINE

### Divine Love and the Age of Saint John

As many of you know, we are on the verge of a new age, known to certain people as the Age of Saint John. In this new age it will be the gospel of Saint John which will form the basis of the new religion.

Those of you who are familiar with that gospel know that it is a gospel of love; and most of the teachings of the Master Jesus on this subject are given in this gospel. Therefore the religion of the new age will not only be a religion of belief and faith but also a religion of love in action. It is not enough for people to worship with lips and intellects the source of their being, the Great Spirit. It is not alone sufficient to be good—although the true basis of progress and unfoldment is goodness of heart. Man must also have knowledge of the powers within his own being, and must understand how to develop these powers to the highest degree. Every person is aware of a power within him/her-self, but does not distinguish between the destructive power of self-desire on the one hand, and on the other the power of the spiritual man, which is that of divine love.

You all want to know what you can do to help those who are suffering either physically or mentally. You cannot prevent any soul from journeying its self-appointed path, but you can enfold the brother or sister with love, which is light. Enfold that soul tenderly in the light and talk to it on the inner planes; give courage with light, which is the spirit of Christ. This is love. Weakness or sentimentality is not love. Love is strong; love is true; love is wise; love is tolerant.

So, in this new age of Saint John, people will be seeking greater knowledge of the implication of love in their lives. They will learn to discriminate between selfish and divine love. It is so easy to fall into the fault of selfish love through domination of self. When the soul does this; it brings about the weakening and even destruction of its life essence, with resulting sickness, chaos and death. In this new age man has to understand that he is working towards a fuller life—not death. For this reason the new age is important to mankind because it is the age of initiation into that higher self—to that new religion, which is the religion of happiness, brotherhood, and of divine love and light.

*From: An Address by White Eagle*

## CHRISTMAS GREETINGS FROM BEAUTIFUL BRITISH COLUMBIA



Fall is upon us after a long hot summer. The leaves are falling, and the colours are beautiful. Our group in B.C. are set return to usual group activities after the long Covid break. For health reasons we will be working on Zoom for the Winter months. Our group will meet on the first and third Sundays of the month. We also continue to work with the different Lodge Zoom groups during each week.

We are now approaching the Halloween Festivities and the Celebration of All Souls. White Eagle says for the Festival of All Souls, “We pray that your inner vision may be opened to the company of shining ones, friends and brothers of your spirit who draw close to you at the Festival of all Souls.” *The Way of the Sun*

Next comes the Festival of Remembrance.

White Eagle: “It is good that this day of remembrance has been instituted. Before it came to be celebrated people had become careless and indifferent to the things of the spirit. The introduction of the day of remembrance, especially the two minutes silence gave an opportunity to stop the noise and clatter of the material world. During these two minutes it becomes more possible to create a harmonious vibration that dominates the worldly turmoil and clamour. In the stillness and peace it becomes possible for angelic hierarchies to draw closer to mankind and even for the King of Kings, Christ the Lord of Lords, to pour upon the people a flood of light and love.” *Angelus Jan 1945*

So now the energy climbs towards the great Festivals of Advent and Christmas. The great festivals of light and love. The rebirth, the coming of the Light of Christ to the world in the hearts of all people. In the great religions of the world this festival is celebrated in different ways but however it is done the light pours forth to mankind in this glorious season. The babe, the universal spark of light, is born in the hearts of all mankind if we open the door and allow it to shine. Let us not forget Mother Earth when we are sending out the Christmas light: our planet needs all our help.

White Eagle: “And at Christmas time in particular the divine Mother (as well as the divine Child) pours forth the love and joy and the sweetness of the spiritual life. For this reason the heart (or human love) in everyone becomes stimulated and there is a desire to think of others to make contacts that will renew

Here in B.C. we will celebrate Christmas with our usual service sending out the light to the world as we light our candles. We will also join with our friends and brothers across Canada, in the US, Britain and Ireland on Zoom. How wonderful to be able to join with everyone and see our friends across the world. This is indeed a great gift that has come out of a very difficult time. We all wish you a very happy, joyful and peaceful Christ Mass this year and all the very best wishes for 2022.

With Love and Blessings from B.C. Ann Force.



Snow has arrived in Sherwood Park, Alberta.  
Submitted by Lesley.

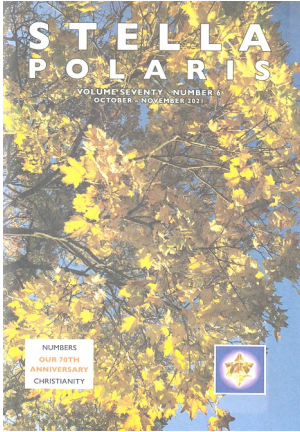
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*“Never try to carry burdens which are not yours. It is better to help your brother or sister to put the burdens on his or her own back. Encourage, sympathize; but you cannot carry anyone else’s burdens, because cosmic law says each soul must bear its own. Learn how to walk the middle way, to give sympathy and true help, but not to be pulled over into the chaos of the lower realms.”*

*White Eagle*

## *Stella Polaris 2022*

### *The Journal of the White Eagle Lodge*



Always included are inspiring and uplifting messages by White Eagle. In addition, there are pages of questions and answers, meditations for the month, and articles by leaders of the Lodge. Those interested in astrology will find articles designed to help the reader work with the cosmic influences of the moment. Poems, articles by readers, reviews, photos and information about activities of the White Eagle work throughout the world are also found in the magazine.

**Stella Polaris Magazine**  
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(see insert enclosed)

Please make cheque or money order payable to:  
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P.O. Box 262, Binbrook, ON. L0R 1C0

## *White Eagle Calendar 2022*

### *'Temple of the Sun'*



One of the descriptions we can apply to the new White Eagle temple which will be opened and dedicated during 2022, is a Temple of the Sun.

This Temple of the Sun is intended as an inspiring reminder of the spiritual temple each one of us is in the process of building – a temple to perfectly house our spiritual nature, and fully reflect divine compassion.

At the same time every individual ray of light blends and becomes

one in the eternal and infinite Temple of God.

\$10.00 each, 3 for \$20.00, 5 for \$40.00

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## **White Eagle on the IMMACULATE CONCEPTION**

IT WAS NECESSARY for the body or vehicle of Jesus of Nazareth to be a pure as possible: for the desire body to be absolutely pure and freed from the lower nature. So Jesus the Master, having been prepared for his great mission, was born into the body of flesh which was of necessity pure and holy. The purity of the desire body is most important in this immaculate conception.

Referring to the desire body, let us bear in mind the important part it played in the conception of Jesus. Mary belonged to what you would perhaps call a monastery or brotherhood. Joseph too was a member of the White Brotherhood of which you are beginning to learn, though you are on the fringe as yet of this great Brotherhood of the spirit. In those days there was a White Brotherhood---the same brotherhood in spirit as you form today. Of this Joseph was---shall I say---an 'elder', a pure and highly evolved soul, an initiate. Mary, the mother, was one of those pure sisters who have certain work allotted to them by the Brotherhood. Both were pure in body and in desire and it was their mission to be guardians---I use that word purposely---guardians of Jesus the Master.

The Holy Ghost, the Inner Wisdom, is the wisdom of the spirit which raises the desire body and the physical body to a plane of power and beauty. This inner wisdom raised the vibrations of the two chosen for their holy office; and in the conception of the Master Jesus, no vibrations of desire nor thought of self, marred this holy consummation of God's will. *Stella Polaris Dec-Jan 2014-15 Pg 20*



### **INCREASE IN DRUMBEAT PRICING**



**Due to the increasing costs of postage and printing, the mailed copy of Drumbeat will now be \$15.00/year Canadian funds. For USA and International subscriptions the cost is \$16.00/year.**

**You will see this adjustment in price on the insert that is within the Christmas Drumbeat, both mailed and in the online notice.**

**\*\*\* PLEASE RETURN THE FORM WHETHER YOU RECEIVE THE DRUMBEAT IN THE MAIL OR ONLINE \*\*\***



## MYSTICAL NUMBERS 11 22 33

The Armistice celebrations are of the utmost importance, because they make ready for the visitations of the White Brotherhood of Spirit. At this time the heaven worlds concentrate all their attention, their light and their love, upon humanity. This has been happening for the past twenty years so that the idea of true peace is gradually taking root. Those who talk of banishing this Day lack vision. We see an ever-increasing power coming to earth on this 11th day of the 11<sup>th</sup> month.

These two 11's make 22: And the number 22 is a powerful *occult* number causing a release of spiritual force. When we take *the 11th hour of the 11th day of the 11th month*, we get 33- one of the most significant occult numbers. The Master Jesus was 33 years of age when the great Light of the Cosmic Christ manifested in fullness. 33 is the number which signifies Illumination ... the bursting forth of the full Light. You cannot yet accept that this happened in the 11<sup>th</sup> hour of the 11<sup>th</sup> day of the 11<sup>th</sup> month, twenty years ago; but we in spirit can recognise this gradual illumination of man by the Son of God, God's life ... God's life baptising the earth...

*(Soft-Cover Compendium pg.600, Original from Angelus Dec 1938)*

## THE TWO MINUTES SILENCE

It is good that this day of remembrance has been instituted. Before it came to be celebrated people had become careless and indifferent to the things of the spirit. The introduction of this day of remembrance, especially the two minutes' silence, gave an opportunity to stop the noise and clatter of the material world. During those two minutes' silence it became more possible than before to create a harmonious vibration that would dominate the worldly turmoil and clamour. In the stillness and peace that was created it was possible for angelic hierarchies to draw closer to mankind, and even for the King of kings, Christ, the Lord of Lords, to pour upon the people a flood of light and love.

The two minutes' silence is of so great an importance that we would advocate a like silence every day of your life – a time when you resolutely withdraw from the outer plane and enter into the innermost sanctuary of your spirit. Encourage this, my friends, for it is what the world needs even more than church services of praise and worship. The collective power of the people contacting their innermost spirit and opening up from within those spiritual powers, that sensitiveness of the soul, and entering into and becoming aware of the Eternal Presence of the Creator ... This is supreme need, and what mankind must have if it is to survive.

*(Soft-Cover Compendium pg.861, Original from Angelus Jan 1945 p4)*

Further Teachings on Remembrance are online in the Inner Teachings

Index A 196 Service of Remembrance

A 039 Remembrance

A 138 Soul of the Nation

*Submitted by Ann Force*

## A NEW YEAR WHITE EAGLE ADDRESS

Great things are happening now within the heart of humanity; and those in the world of spirit, who hold you and all men in their care, come with greater strength to help you to resolve to live --- not the everyday life, but a life of the spirit. May this be your resolution at this New Year. Even if you fail every hour of the day, still may you resolve to contact your celestial self and the hosts of the White Brothers. May nothing in your outer experience cause you to forego your aspiration to grow weary of striving. Go quietly, each day; daily resolve to make your contact with power and light. Remember the words of Jesus; "Except ye become as a little child ye cannot enter the Kingdom." To enter means to lay aside the material mind with its demands. Seek first the Kingdom of God. Daily feel this contact from the centre of truth and light. May this be your inspiration and your direction in every decision you make; in every thought you think; and in every action may you be guided by the great light and power of the Cosmic Christ.

You see the importance of making this resolution, and of *keeping on making* this resolution, because this is *the ritual of the spirit*, and by this ritual you are building up power both in yourself and helping to build it up on the earth plane.

*A happy year to you all.*

*God blesses you as you turn your face to the light.*

*Blessings to you all*



***Don't let the little lower mind analyse and doubt this when you secretly love the carols and enjoy the story of the birth in the stable. The gentle Christ is worshipped by the shepherds and the magi. The simple and the wise all worship the Christ.***

## THE NEW TEMPLE AT NEW LANDS

By Jeremy Hayward



My colleague Tom has recently shared a short video of the four beautiful curved arches that form the circle of the new temple here at new lands, which I hope Facebook friends have enjoyed. In this short post I want to go several weeks back in time to a little ceremony six of us held on the temple site when there were just the foundations visible.

When the original temple was being built, White Eagle specifically asked that a star on a cross-within-the-circle, made out of copper, should be laid into the concrete screed of the floor right in the centre of the circle of the temple - but which would be hidden by the carpet. he said that the purpose of this was a kind of spiritual alchemy and had to do with the vortex of spiritual energy which came into the building through the stained glass cross-within-the-circle window at the centre of the dome, which needed to be earthed in the floor beneath. The copper, he said, would help to do this.

As most readers will know, we have ensured that the centre point of the new temple is exactly in the same position as the centre of the old, symbolic of retaining all the spiritual power built up in the original building, in the new. And we have again laid a copper star on a copper cross-within-the-circle in the screed in the floor of the new building right underneath what will be an engraved glass rose star window in the oculus at the centre of the new dome.

We felt it was right to hold a little ceremony for the placing of this new symbol in the bare foundations of the new building.

And so one damp Monday afternoon at the summer solstice (June 21st) six of us gathered on the building site under the distant watchful eye of the construction firm's site manager. We positioned the copper symbol exactly where it would be laid in the floor screed. And then four of us stood back a few yards from the centre, at the compass points of North (Earth), South (Air), East (Water) and West (Fire). We each in turn gave a short reading from White Eagle's teaching evoking and invoking the blessing and power of that element, blessing the copper star in the centre of our circle. We then finished with a closing prayer.

I was East / Water and I did not know what to expect as I began my reading, feeling quite exposed out there on the damp hilltop among the foundations. I need not have worried. Underneath the words I was speaking I felt from beyond me a surge of energy lifting me up, that is difficult to describe. It felt at once an affirmation of the deep importance of the new building and the future work that would take place there, and a blessing on the heart centre of the

building. It felt like a confirmation from the brethren in spirit of their presence and their guidance, personally to me and in reassurance to us all. And it felt like a wellspring of love at the heart of the new temple. We eventually went our separate ways, I to New Lands chapel to do our Star brotherhood work that we normally do on Monday evenings. But underneath all I did I felt this loving wellspring of spiritual power, lifting me out of my habitual self. It said (to quote White Eagle's words) 'How can you doubt, how can you fear, when you know the power in which you are being held?' And quietly in my heart and then out loud I gave thanks.

*Excerpt from White Eagle Facebook post August 26, 2021*

*Link to Facebook page: <https://www.facebook.com/whiteaglelodgeuk>*

*Link to New Lands website: [www.whiteagle.org](http://www.whiteagle.org)*



Colum Hayward's zoom visit in June 2021

## BEING THANKFUL

*By Lesley Tarrant Belcourt*



I was fortunate to be raised in an extended family following multiple faiths. We lived in a multi racial/religious community. A wonderful place to discover the Creator in multiple ways.

My religious education came from Roman Catholic nuns, Spiritualist relatives, Hindu neighbours, Methodist, Jewish, Buddhist friends, then as a student of Divinity & Theology at an Anglican teachers' college.

During those college years during class discussions, I challenged many of the teachings. My supervisor had been a missionary in India. She took me aside one day and said, "please continue to be the devil's advocate and challenge your fellow students to think for themselves. There is more than one way to reach God."

It was not until I set foot in the London White Eagle Lodge for a Christmas service in 1968 that all these pieces finally came together. Simply and naturally. All religions were part of one whole religion that had been broken into parts influenced by our cultures. White Eagle brought us into One.

White Eagle says on our life journey we must live thankfully. Thankful even for the challenges and burdens we all face. Once we are thankful for everything, we experience the heart centre gradually awakening through seven degrees until it is fully open. Truth is not complicated. It is utterly simple. It is to live thankfully.

Although we are told this is "simple" we find it most difficult, essentially because we like to be in control. It is not easy to realise our lives are taking us in a direction we may not consciously choose. To face challenges, feel helpless for loved ones' suffering, unable to change events. It is hard to give all up to God and say "All will be well."

However, White Eagle tells us that acceptance is not complacency. We are not to just sit back and let things happen. We are to follow the plan set from seeds sown in the past. How do we know what these are? For some there is a strong inner knowing. For others life may take them in unexpected new directions. Acceptance involves gratitude for a difficult lesson we are trying to learn. We need to follow the "light" of our highest self.

A most special teaching White Eagle brings is understanding that Light is

within us. That we can send it forth through Love to help humanity. At this time of Christmas, we are reminded to send forth to the world the Christ Spirit, the Christ Light with Thanksgiving and Love.

## **A Meditation on the Christmas Tree**

LET US commence with the feeling that we are being drawn gently upwards towards and into a bright Star of Bethlehem. It is shining above our heads like the Pole Star of our innermost being, or the Christ Star.

Peacefully and gently we breathe in the light of the Christ Star; and we now feel ourselves becoming one with a little Christmas tree in a quiet wood. We are conscious of our feet becoming roots, going deep into the earth and drawing up the nourishment, the sap of earth-experience, which gradually builds the tree of life in us. We are aware of the quiet life of the forest, almost of the inbreathing and outbreathing of Mother Earth in the coldness and resting state of midwinter. And then the Star above our heads becomes more radiant and ablaze with light and we are aware of the song of the angels of the Star. The Star becomes ever brighter as the angels rejoice at the birth of the Christ in the hearts of all people.

From this blazing Star and the song of the angels, we become aware of the quickening of the earth around the roots of the tree. The light of the Star pours down into the earth and the roots of the tree then draw up that light, through the trunk of the tree, radiating it through the branches until the whole tree is radiant with the Star light. On the branches now there shine lights of many colours, gifts of the spirit for humanity.

For a few moments our tree basks in this radiance. Christmas bells and angel voices create a song of joy and peace. We are now part of a great Christmas tree of light, reaching right from the earth into the heaven-world, where there is a wonderful celebration, an eternal ceremony of the rebirth of the Christ Son in the hearts of all people. In this temple of the Christ Mass are many happy children of all nations, gathered round the tree in a joyful, homely company, all reunited with parents or spiritual guardians—a joyful company, singing praises, enjoying the beautiful gifts of the spirit which come to them from the great Christmas tree of light.

Crowning the tree, an angel of the Star brings a deep stillness and a sense of worship into every heart, as we are raised in consciousness into the simple cave, the birthplace of the newborn babe. All the revelry subsides as each child—and we are all children—is led to worship at the manger....

The deep peace and love which fills our being radiates out as a great healing light to bless first of all those near and dear to us, and gradually spreading to encompass the world....

*A Way to Happiness by Ylana Hayward*

# The Gentle Brother

by *White Eagle*



We know you get weary and disappointed, but when we tell you to ‘keep on keeping on’, this injunction is part of the ancient wisdom. You do not realize it. We say simple things to you and you laugh and say ‘KOKO’ and we laugh with you. But do remember that this is the secret of all progress and all success in whatever you are endeavouring to do. Keep on keeping on faithfully. So many of you are tempted to give up. It is no good, my brethren, no good giving up. You must hold on to the reins and keep on keeping on.

We know the physical body gets tired, we know the mind gets tired, but the heart of love in you never wearies, never gets tired. Even when you are standing on the threshold of the spirit world, ready to step out of your physical body, the one thing which comforts you and illumines you is the wonderful love which reaches out from our side of life to enfold you. Remember this. And *you*, as a Brotherhood, are adding to that love, giving it, giving it, not only to those you know, but to those whom you do not know individually. You are giving love, love.

This is what Christmas is all about for *He* came, the great one came through that babe, the Christ babe. The Christ babe came to *you* and is in your heart, the Christ child, implanted in the hearts of *all* people. Every child of every time and age and every race comes to earth with the seed of the Christ child in his/her heart.

This is your gift – the gift which has been given to *you*, to you individually, a precious jewel in your heart. This is your Christmas gift, and as you share that gift by sending out love and tenderness and healing light and love to the needy in the world, so you will receive in full measure your Christmas gift from Him.

Peace be with you, dear brethren. Be happy. Do your work easily and peacefully, but *keep on keeping on*.



## **Apple Loaf**

1/2 cup packed brown sugar

1 ½ tsp. cinnamon

2/3 cup white sugar

½ cup unsalted butter, room temp.

2 eggs

2 tsp. vanilla extract

1 ½ cups flour

1 ½ tsp. baking powder

½ cup milk

1-2 apples peeled and chopped

Preheat oven to 350 degrees. Grease a 9x5 loaf pan.

Mix brown sugar and cinnamon in a bowl, put to the side.

In another bowl combine white sugar and butter, cream until smooth.

Add eggs and vanilla, stir until everything is combined.

Add flour and baking powder, then milk.

Pour half of the batter into the loaf pan, cover with half of the apples.

Sprinkle with half of the cinnamon mixture.

Pour the remaining batter in the loaf pan, then the remaining chopped apples and all that is left of the cinnamon mixture.

Bake for 50 minutes.

Cool for 10 minutes, remove from loaf pan .

Enjoy!!

Submitted by Patty Hoffman.

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### **For more 2022 Retreat listings, information & Reservations**

go to:  
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**As of this printing, there are no  
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