



# DRUMBEAT



*How happy are the birds!  
How brightly the sun shines!  
How green is the grass!  
All things rejoice because of the  
demonstration of new life.*

## Sue's Letter

Greetings to our White Eagle Family  
And Friends,



Happy Spring! It's so nice that we can say these words again. The days are becoming longer and they provide us with a new sense of being and awakening. As White Eagle says, 'We would raise your consciousness beyond the darkness of the earth life, and bring you a vision of the company of radiant spirits and angels who draw near to your earth at this time in obedience to the law, to the will of God. They come among you with rejoicing, trying to infuse into your being the joy of the sunlight, the joy of the Christ life.' (*White Eagle on Festivals and Celebrations*)

At this time, we ready our flower beds in anticipation of the beautiful colours that will burst forth. There is this sense of hope as we watch these flower beds come to life. White Eagle tells us that with hope, comes confidence, in God and within ourselves. Digging in the gardens with our hands bring us a sense of co-creating with God. We also become aware of a healing vibration emanating from our garden that soothes and is most loving; the sunlight of God brings peace.

We may use this visualization as we think upon the extreme conflicts within our world and the nature of the Pandemic. Imagine these healing rays touching each heart of each soul. We may use the image of a soft pink rose that enfolds each waiting heart. Divine Mother holds all within her care. May harmony and peace be restored on our planet. Let us Mother, Mother Earth.

Ann Force has written a wonderful article for us, 'What Do You See in Your Garden?' Ann gives us an in-depth look at the life within our gardens. She helps us to become aware of the rays of colour and music that can touch and encourage our higher consciousness as we are seeking our at-one-ment with God and the Brotherhood of all life. She reminds us, 'It is said that we are nearer God's heart in a garden than anywhere else on earth, and it is easy to see why.'

Lesley Tarrant Belcourt's article, 'Light, Glory and Joy' gives us an historical look of how Easter is celebrated around the world. There is the dual nature of

Death/Loss and Happiness/Joy at this Eastertide. It is important to remember not about the death of the physical body but of the resurrection and the new life that awaits us.

St. John's Retreat Center has a new website spelling now using 2-ee's: [www.whiteeagledge.com](http://www.whiteeagledge.com).

This October, the White Eagle Retreat Center for the Americas will celebrate their 30th Anniversary. A retreat is being planned for this occasion which will be from October 21-25. We currently have 4 Canadians who will be attending. These celebrations draw people from all over the Americas so there are many people to meet for the first time and catch up with those you haven't seen in awhile. We are looking forward to being back on the land.

'At Eastertide, a mystical and wonderful happening, an event of glorious spiritual birth takes place; and it is a birth and awakening which comes to every human soul.'

*Easter, Inner Teaching T261*

*Our very best wishes and blessings on this Eastertide.*

*With Love from your White Eagle family in Canada.*

*Sue, Leader for the Star Centre for Canada*

### **Board Meeting held via zoom, March 24-25, 2022**

Row 1: Jane, Helen, Sue    Row 2: Carol, Denise, Kathy, Terri

Row 3: Philip, Stuart, Jenny, Rozita

Hopefully we'll meet in person next year!



## When the Very Stones Cry Out

Man finds truth through love; it may be love of others or love of nature, of music, love of God, but the love of God that man finds is really the love which he finds in his brother man. Many people say you must get beyond personality. They do not understand what personality means. Do you remember Jesus saying: ‘How can a man love God when he does not love his brother?’ because in man, in his personality, is the spirit of God. No, this is not easy to find, but Jesus pointed the way. He lived to demonstrate this profound truth because he was all compassion. He looked into the soul of his friends, of those who drew close to him; he saw their suffering and he saw even more than present suffering; he saw their whole life, the karma of the individual, and so he had compassion. He forgave so much. He showed the way. Forgiveness is often difficult, my children, but as soon as forgiveness comes into the heart, there comes release of the spirit; the soul that has been in bondage and perhaps stretched upon the cross of suffering no longer suffers.

Before man arises from the grave, he passes through an initiation called the crucifixion. Jesus demonstrated this experience, which awaits every soul. This story is sometimes questioned. Men ask, ‘Was Jesus really crucified, as the Scriptures tell us?’ Certainly Jesus lived among men and was crucified—an event held as sacred by the orthodox Christian church, and wisely, because in the past age of Pisces it was necessary for humanity to be able to picture the spiritual conflict which takes place in every soul. This was a personal demonstration on the physical plane of a profound mystical truth.

So both aspects of the crucifixion are correct—that is to say, the physical demonstration and the profound spiritual truth which the physical experience demonstrated, teaching the younger soul the story of the soul’s struggle to release itself from the bondage of earthly thoughts, earthly happenings, physical suffering. All this is embodied in the crucifixion of Jesus the Christ. Now you have all suffered, and you know in how many different ways man can be crucified. You see, it comes not only once; it seems for some a continual crucifixion, continual pain and suffering, and a wrestling all the time to get beyond, get above pain which is the lot of physical man.

A word to you about personality. When you hear it said that you must get beyond personality, it means that the spirit within you must develop and grow strong and pure and full of light, so that you are not deceived by appearances of any personality. When you can escape from the consciousness of being bound by personality, or by earthly things and earthly life, then you are above and beyond personality. This is what is meant by getting beyond

personality. But at the same time remember the value of personality. Now through the personality of Jesus, the Christ, the personality of the Divine Mother is represented to you—a personality which helps you draw nearer to an understanding of that Divine Spirit. When you can see Jesus presented to you as a loving, tender saviour; if you like that work, it gives to you a picture; it conveys the essence of the love of a benign saviour, and your soul, irrespective of man on earth, reaches up towards the embrace and blessing of that divine love, which is the essence, or the saving grace of mankind. For when man sees the divinity of the Christ his Saviour, he becomes *en rapport* with that Divine Spirit. It comes into him; it goes forth from him.

This is the value of personality. Jesus, in a few words, spoke this truth. But how many people understand, even yet? He said: ‘The Father is in me and I am in the Father. If ye had known me, ye should have known my Father also.’\* You see the value of a personality, beautified, perfected by the divine spirit? Then imagine all humanity manifesting this same spirit of love. Why, this would be universal brotherhood; it would extend to the animal level, to all nature, even to the very gems in the earth. Then ‘the very stones’ would indeed cry out.’\*\*

(\*John 14:7) (\*\*Luke 19:40)

A divine essence which is God is the Creator, God is love, and all life and all form is created by love; whatever love operates on (even if it be of a low order) which creates form. Let us say here that form is not only created on the physical plane, but on other levels of life. Is it possible that form can be created in the spirit world? Our answer is: ‘Most certainly.’ Is a woman denied the joy of motherhood in the spirit world? Why should she be? As below, so above; as above, so below. If she longs to hold her babe in her arms, that joy awaits her in the spirit world.

What we are trying to explain is this—that there is this interpenetration of life from above to below. All life is one, but man has to learn by living, by experience, in the—shall we call it?—the most dense form of consciousness of the earth, because, remember, he is created to become master of matter. Even there at the physical level he is part of his Creator; he is a son (or daughter) of God. All creation, natural, human, angelic, all forms of life are of the one Spirit, and all are one great family with God the Father, and the Divine Mother. This is a deep mystical truth and its symbol is the triangle, the Trinity. The last principle which we gave to the White Eagle Lodge is that the final goal of man’s life was re-union with the Holy Family, or the blessed Trinity of Father, Mother, Child. In other words, the little seed or spark of life once breathed forth from the heart of God travels far, gains much understanding and eventually returns with a full consciousness of itself as part of God. This is the goal of every

human soul. Now think of what lies before you. Do not be discouraged. Do not be weary of well-doing. Do not lay down your tools until you have completed your task.

To your country, to your northern hemisphere, comes the season of spring, Easter. Close your eyes and maybe you will be able to see the form now which has gradually come into our midst; that of the beautiful Divine Mother, Mary; Mary, the great Mother Spirit; and in her arms she holds pure white lilies. Now the lilies change their form into the form of a babe. Out of purity is created the Child-form of pure love; the purity of the Divine Mother brings forth the Christ Child. That child, a spark of the Creator, comes to the earth life, to live a full life like all children; it plays; it hurts itself; it is healed. In like fashion the young soul of each man suffers through contact with physical life, which is sometimes very painful, but that child grows and grows, and with each successive incarnation on earth it gets a very little nearer to its goal until eventually it becomes the perfect man, Son of God and Son of Man.

This is a wonderful, wonderful mystical truth—this coming to earth and growth of the soul, the ever-unfolding realization of its potentialities. As you will see, the crucifixion has to be enacted many, many times until there comes a time—as it came to Jesus—when only onlookers see, or think they see the suffering body and soul. But the soul is not there; the soul is away from it all.

In your Apocrypha you can read that Jesus was with his disciples talking with them while his body was being crucified. He himself was free, not with the body, because he had attained mastery over it. This is a very important thing for you to grasp because, when you have to (apparently) be crucified, during your spiritual fight with the lower self or with selfishness, you, the true child of God, are above it. People may say: ‘Oh, how terrible is this to see! What suffering!’ That is right, you must always feel love and sympathy, but you know what the sage would say to you: ‘A wise man never grieves, never grieves either for the living or the dead.’ He has passed beyond, he knows that the soul is in the hands of God, pursuing its appointed path and that out of suffering, out of crucifixion comes the resurrection.

Now as we speak of Resurrection we see the spirit world ablaze with the flowers of spring, the bursting trees, the running brooks; we hear the orchestra of the little winged creatures. Spring is here! Crucifixion is over and the resurrection come, reborn. This is what we would impress upon you all—that after periods of pain and suffering, which you must accept resolutely, look forward to the new life, to the rebirth which will come in your heart. All such mystical truths are demonstrated for you in some form or another, either on the earth or when you arrive in the spirit world. There you will see these profound mystical

truths enacted, demonstrated in form, such as you will be able to understand. But beyond, beyond in the higher spheres, you will see indescribable beauty and happiness, all in the cradle of love. So, my children, may Easter time be for you a time of joy and promise.

The saints who have attained, all gather round you. There is neither past nor future. All is now. All are with you. The spirit of Jesus is with you, and as you make this companionship real to you in your heart, so you will perceive form, his form on that higher level of manifestation, and it will be a real and perfect form of the Master Jesus. In the same way you will create and bring through your soul effort and the spiritual power from God, you will create the form of any saint. It won't just be fantasy; it will be the real being because that being is at-one, is a part of God, and you too will realise that you are part of God at that time. This is what may be called a state of cosmic consciousness, when all are one and you are with all. All that you have ever known, loved, admired, will be with you, for in love there is no separation. Keep your vision on your goal, which is God, the eternal, everlasting Life, and go bravely forward. *Excerpts taken from the Inner Teachings, T265*



Forgiveness is one of the hardest lessons  
that humanity has to learn;  
but as man forgives so he himself is forgiven...  
Forgiveness in your heart brings sunshine,  
peace of soul and tranquility into your life.

**Affirm:** *I trust in the divine plan  
I forgive myself and everyone unconditionally.*  
*From: Face the Sun, Sayings of White Eagle with Affirmations*

## WHAT DO YOU SEE IN YOUR GARDEN?

It is such a joy to anticipate the coming of Spring. We look forward to seeing our favourite flowers coming into bloom with their wonderful colours and perfumes. Golden yellow Daffodils and pale yellow Primroses, purple Violets. The beautiful perfume of Lilies and their cousins the Lilac or the multi coloured Tulips so bright and straight growing towards the light. Our senses rejoice at the sunshine, the birdsong and the wonder of all the new life. But what if we could open our higher senses and realize that there is so much more going on than we can see and hear with our physical senses? Each flower and each colour has its own sound vibration: imagine the music that must be going on in a garden full of flowers. Nature plays in harmony with the spheres: it must be a joy to hear. We strive to reach the higher planes in meditation hoping to consciously experience what our souls know to be so.

“White Eagle says that flowers are God’s earthly manifestation of kindness ... millions of tiny nature spirits who also have their place in the grand plan have worked to bring life to your flowers. When you love and tend them with tenderness and devotion you are giving off essences from your spirit which the nature spirits quickly absorb and bestow again a hundred and thousandfold upon you and those you love. Flowers when they are being arranged are aware of the love in the hearts of those who handle them. They are aware that you come to worship and today is a day of rejoicing.” (Angelus April 1940)

‘Some people it is said possess the ‘green fingers’. They have within themselves developed the vibration of the vegetable kingdom. Their vibration harmoniously attracts the innumerable nature spirits; they can win the co-operation and interest of their nature brethren.’

(Excerpt from Stella Polaris Aug /Sept 1957)

Imagine what is going on around us as we work in our gardens no matter how small they may be. We can send out the light in everything we do, with the help of those in the higher planes of life, surrounded by the music of nature. If we are very quiet and very still within, we may get a glimpse of this higher beauty and hear the music of the spheres.

White Eagle says; ‘Music has a message for you all. We would like more music in this Lodge. We would like to see the brethren who enter the Lodge responding to these vibrations of harmony, these beautiful colours which the music is sending forth; we would like to see all respond to the beautiful vibrations sent forth by the flowers. True some do not recognize the work of the flowers.



The little fairy people still linger with the blooms and blossoms although they are plucked from their parent plant; the little fairies are weaving and throwing these vibrations to your soul and as you love the flowers, so you respond.” (Angelus April 1938)

As these things are brought into view for us by our reading and through the teachings our perspective can be changed and a whole new vista of life opens to us. We become aware of the multitudes of life forms existing around us, and very subtly our consciousness is being raised. Our teachers are close, waiting to teach us, always helping us to grow.

“Colour which is light- is a great help in spiritual development. Each psychic centre responds to a colour, and each centre responds to a note- the seven primary colours and the seven notes of music. Throughout man’s being after practicing you should be able to register these waves of colour.” (Angelus Nov 1940)

We notice in the teaching the use of the number seven. Seven notes of music, seven primary colours, seven psychic centres.

White Eagle tells us, “The number seven is a mystical number, one might say that the universe vibrates to the number seven. Seven great Rays of light and colour in which all forms of life live and have their being. At the head of each ray are the seven great Masters of Wisdom and behind them the seven great Archangels. These seven rays come from the White Light, the very heart of life, and from each one another seven and yet another seven ... and so on. Behind the veil of physical life are countless hosts of beings, both of the human line of evolution and of nature. The life of every growing thing is brought into manifestation, sustained and fed by the harmonizing work of these countless hosts within the seven rays. Remember that you are one with all life, that there is the one life-stream running through every form of life on many planes of consciousness and on every ray.” (Stella Polaris April-May 1970)

And so, when we are pulling weeds in our gardens this summer and maybe pulling a few weedy thoughts out of our cluttered minds let us be aware of the incredible activity going on all around us in the many levels of being so that maybe we can tune in and raise our consciousness and hear the wondrous music that we are a part of. It is said that we are nearer God’s heart in a garden than anywhere else on earth, and it is easy to see why.

*Ann Force, Leader of the BC Daughter Lodge*

# LIGHT, GLORY AND JOY

by Lesley Tarrant Belcourt



*“The Easter festival, my children, can be joyful. The ancients celebrated this vernal equinox with thanksgiving, because life was rising again, the flowers were coming and the birds were singing to greet new life released from the darkness of earth.” (Angelus April 1951 pp101-107)*

Looking back through some old *Drumbeat* magazines recently, I noticed in 2012 I had written an article for the Easter edition on the contrast between Death/ Loss and Happiness/Joy. I quoted White Eagle: “Even in the depths of sorrow the human soul can find an element of beauty, a compensation which can only be described as joyful.” I mention this, because as I write for this Easter edition, I find I still link with these contrasts, as many face separation and loss through this Pandemic, yet knowing that Easter is about renewal and new beginnings.

Easter. Originally the celebration of Eostre, goddess of Spring. Welcoming new life, the earth rejuvenates itself after a long winter sleep. Many call this New Year’s Day because it symbolizes new beginnings, the rebirth of nature. Whether tossing water at a Thai festival of *Songkran*, throwing multi-hued coloured powder during a Hindu Holi, or dancing, singing, and feasting at a Baha’is Naw-Ruz, Spring is a time for celebration and joy.

In Christian traditions, eggs play a prominent role. The Scottish custom of rolling eggs down hills symbolizes rolling away the stone from the tomb. The German egg dance where participants dance blind-folded around eggs without breaking them and hang egg decorations on trees symbolize new life starting at Winter’s end. Mexican “egg showers” where confetti-filled egg shells are sprinkled over unsuspecting heads for good luck. Eggs, symbolic of new life.

“Eastertide is the celebration of life and resurrection, an awakening from materiality into the beauty and wonder of the spiritual life—not after the death of the physical body but while you are still living on this beautiful earth, in this beautiful world which God, the great cause of life, has created.” (*Festivals and Celebrations page 48*)

White Eagle reminds us that Easter is not just a Christian celebration, but lies within all teachings of the Ancient Wisdom and is filled with astrological symbolism. The story of Easter is about overcoming death. It is about

the light within raising each of us. The ordinary decays, but the spirit does not. Darkness *seemed* to cover the earth at the crucifixion, but he tells us Heaven was so bright, that earth only *appeared* to be in darkness. No sadness, just triumph. No death, but new life.

We might say that at this time of Covid restrictions, many feel we are undergoing a form of crucifixion and are weary of the burden and challenges faced. Yet, our world is also preparing for a great spiritual reconstruction about to come in this Aquarian Age. Reminded not to embrace 'fear and negation' we are urged to be positive and constructive, for "after crucifixion follows resurrection and after resurrection follows the ascension. Everyone will pass through their final crucifixion and be released for evermore from bondage. Then all will be light, glory and joy." (*The Light Bringer page 34*)

"Don't you know Yet?

It is your Light that Lights the Worlds" Rumi



"Hate is something normal. Hate prevents change. Hate is craziness. People, hate hurts people. We know hate, but love, ... love helps people; love heals.

People love and it forces justice and change. Love is peaceful and gentle; love is new and different.

Change scares people, but it shouldn't. We've gone through change multiple times.

But love is normal. It always has been, it's just mysterious. We don't know that love is what life is when love's full power is released. We become loved. Love is big and everyone needs love."

*Written by an 11-year old child, the grandson of a Quaker grandparent taking part in the international Quaker worship vigil for the Ukraine (reprinted with permission)*

*Submitted by Daphne Davey*

## **EASTER GREETINGS FROM**

## **BEAUTIFUL BRITISH COLUMBIA**



It is still February as I write and the weather is still cold. The White Eagle work continues here in B.C. the first and third Sundays of the month. We are happy to welcome Elaine back in the group with us this year and we are happy to be all working together again. White Eagle tells us that Winter is the season when Nature rests. The energy is low and the sap, the life force in the plants and trees, is deep inside the earth as Nature rests and prepares. During the darker colder days we in the human physical life tend to hunker down and follow Nature's example, staying warm and closer to home. It is a time of reflection and often a time to visualize and plan the coming year. Nature during this time is busy underground as new life is germinating and pushing towards the light.

In March we see the beginning of Lent, the period of reflection and preparation, and then the energy building towards the Spring equinox and Easter: Easter, the time of joyful rebirth. It is wonderful to see the first signs of the promise of Spring when we see the snowdrops come out and the rose bushes budding out.

White Eagle says of Eastertide; "Think again for a moment about Easter, a time of the bursting of the seed, the sending forth of great shoots, and in the Spring plants, the opening of flowers. How delightful it is to go into the garden or into the country at Easter time when everything is rising to new and more glorious life! Oh, how happy are the birds! How brightly the sun shines! How green is the grass! All things rejoice because of the demonstration of new life.

"Do you know the meaning of the Holy Grail? Come with us in spirit, and we will try to describe to you this mystical bowl of light. Can you see revealed on the horizon this gradually expanding and rising bowl of light, the cup of the Holy Grail symbol of a more glorious life?

"Here then is a picture the story of Eastertide Try to relate this to your own lives and see in that symbolism a truth which will fill you with joy. It points not to death but to life, but it must be by way of surrender. The soul must accept the way of God, must work in harmony with the powers of the light." (Excerpts from IT teaching T 261 Eastertide.)

We wish you all a Happy and Blessed Easter from all of us in B.C.

*Ann Force, Leader of the B.C. Daughter Lodge*

## A FORGIVENESS MEDITATION WITH JESUS

'Be still and know that I am God.'

Be still in body, mind and emotions.

Concentrate on the still flame burning on the altar  
of your own inner temple.

There is peace here and your burdens slip away.

Inwardly surrender all to the Master of the Healing Ray -  
the Great Healer, Jesus.

Open your whole being to his still presence.

His aura reaches out to encompass you. . . helping you  
surrender to any pain and disquiet.

You become free; you are lifted now as on angels' wings  
into the heavenly healing temple.

The healing angels of the star lead you gently  
to the blue pool of healing.

You are helped to enter and float in the silky water.

Peace envelopes you.

Your pain (or maybe your inability totally to forgive)  
is washed away....

'Peace, dear one,' you inwardly hear.

When you are ready you are helped out of the pool and dressed  
in a soft white robe and led to kneel before the Master....

You feel his aura enfold you again and know that you have been blessed.

Amen Amen Amen

*Stella Polaris, August-September 2014, pg. 203*

## ST JOHN THE DIVINE

Excerpts taken from The Mystical Teaching of St John T151

*(Reference the 16th chapter of St John )*

Humanity has changed little in two thousand years. The same spiritual truths which the Master Jesus endeavoured to impart to his disciples are being imparted again today. There are still some men who know and some who do not know. The teachings attributed to one called John are still the mystical teachings of the spirit, and those who would learn them must be born of the spirit ere they can comprehend. When John speaks of rebirth he does not only mean reincarnation; he means the birth or awakening of the spirit within the soul.

Some confusion exists about what is spirit. We will try to make clear what we mean by spirit. Because people are said to be obsessed by spirits and Jesus is said to have cast out unclean spirits, the word 'spirit' may have more than one meaning. The true meaning of spirit is the Holy Breath. Spirit is sometimes called and actually *is* life, but an animal kind of life which is largely automatic is not the life of the spirit – it belongs to the physical world. Life which is eternal is not of this world. Jesus said, 'The prince of this world cometh, and hath nothing in me.'\* The prince, the ruler of this world, the being who directs the physical aspect of life, has nothing in real spirit. It is not the breath or divine essence of life. It seems necessary to make very clear the difference between pure spirit and life confined to physical matter. (\*John 14:30)

To give some indication of what it may mean when this pure spirit is born again into the soul of man, let us consider something which takes place when two people become separated through death. One continues in the world; the soul of the other goes onward. Perhaps there comes a wonderful experience for the one that is left whose soul is raised in consciousness to the plane of spiritual life where the loved one now dwells. Some of you may have experienced this great wonder, this true communion, this at-one-ment, this attunement of spirit. Or it may be that in the quiet of meditation you have touched for a flash - you could not hold it long – the cosmic or the Christ consciousness, and been aware of the plane of pure spirit. No one who has experienced this can ever forget it.

This is what Jesus had in mind when he spoke to his disciples about the necessity for him to leave them before they could receive the spirit of truth, the Comforter. He knew that they were clinging to his physical presence. Here again another important point is raised. A number of people get to know spiritual truth intellectually. They contemplate with their mind, they meditate upon, they think ever intellectual truth. They acquire a spiritual scientific knowledge.

Jesus often talked to his disciples. Many of them had been with him a long time. He knew that much he said was only understood intellectually as far as they were concerned. It had not penetrated deeper than the intellect. Yet what a vast difference there is between merely knowing things and becoming spiritually a part of life! Or in other words receiving into the soul the Divine Breath which is pure love, not a love which is passionate or emotional but pure. Such a love is the act of giving. If love gives, it must in turn receive; it is the law. You cannot give without receiving, but it is more blessed to give than to receive. Why did Jesus say this? Because without first learning to give it is impossible to receive. To receive what? To receive the Comforter. The spirit of truth is the Comforter and this spirit cannot be received (or welcomed) by the soul until it has learned to feel the impetus of love so strong within that it can only spontaneously give and give and give. Did not the saints live thus without thought of themselves? The gift that one receives in return for giving true love to others is that Spirit of Truth which brings life, not death, and it brings power also.

This truth you will find repeated again and again in the gospel of St John: 'I am the true vine; I and my Father are one.' Man must realise whence he comes and whither he goes before he can get any sense into life; otherwise he is like a rudderless ship. Once man recognizes his captain, once the captain takes command, miser and sorrow depart, and true joy replaces them because the soul can then understand; it knows at last that in order to create and build itself up, it must undergo certain experiences. Therefore, my friends, may you realise that suffering has brought you something more of those finer elements from heaven. Sorrow can do this and joy can do it also.

The soul born of the Christ spirit enters into the peace which passeth all understanding, into the truth beyond all worldliness. This peace, this truth and this life Jesus was teaching his disciples how to find. So it is with you today. Those who have seen and have entered into the kingdom know only peace. Nothing can disturb you: no fears, no anxieties. The soul who knows dwells in Christ and in the Father. This is the meaning of the peace of a soul reborn to the life of the divine spirit.

This chapter, of course, is a description of the path of the neophyte or the initiate. It indicates what it means when the soul is initiated into the Christ state. It gives a description of the soul-experiences through which every soul must pass before it can enter through the gates of initiation. It emphasizes so very clearly the importance of the real life of spirit – not the mere talking about it

– but the living of it as against the insignificance of the material life. It is also a guide to the disciple so that every experience and every physical act should be interpreted in the terms of spirit. The disciple should always look for the inner meaning – yes, even of food and clothing and the trivial things of everyday life. Behind all is the spirit. Do not cast aside the physical life. It grows more important when it is lived with an understanding of spiritual values. Everything you do in the world should be a spontaneous manifestation or expression of the spirit.

We have endeavoured to give in broad outline the esoteric meaning of this 16<sup>th</sup> chapter of St. John. The truths taught long ago by Jesus and so beautifully written down by John have to be known and lived. They have not been so lived except by a few saints. Even these saints were limited by the world of their day. Now we are coming to a new age and these same teachings of John are going to found a new church, but not a church such as you know today. The church of St John will be built into humanity's lives, into humanity's hearts, into humanity's souls. Humanity will learn to worship in his own church, in the sacred place of his heart. Humanity will not live by physical values only, but by the light of their own spirit, and their own spirit will show them how to behave towards their fellows. There will not be the need then for social legislation – you hear so much about trying to put on the roof before the foundations are laid. The foundations of the church of St John will be laid on pure spirit. The cathedral will be raised out of humanity's lives. On earth will come the spirit of perfect brotherhood. Then people will no longer foolishly worship mammon. The prince of this world will recede and fall away before the spirit of love and brotherhood. 'I AM that I AM.' 'I Am The Divine Flame' sayeth the Christ.



## EARTH HEALING



We are now all aware of the great problems being caused to the environment by pollution of many kinds, plastic waste being but one of the most serious examples. The situation calls for a complete change in attitude towards waste of all kinds, with much more attention being paid to what we discard and why, and how we can minimize any negative consequences. Not only do we need to cleanse our planet of these things: we also need to change our mindset in order to achieve this.

**Let us focus our hearts and minds on the beauty of the jewel that is our planet Earth. We hold in the light of the Christ Star all those whose special work is to cleanse and purify the environment. Let us hold the vision of our beloved Earth planet, cleansed of all pollution and discarded waste, being treated with love and respect in every way.**



## HOPE

At spring time the word ‘hope’ echoes across the countryside, and you hope for better days, looking forward with a faith that your earth will be crowned with blossoms and sun and beauty. This is our message to you all: *hope*. If only you could check yourselves, and stop being sorrowful and grumbling! We know that you have sorrows; that you witness the sufferings of others. We who see a little deeper recognize a strange beauty beneath the sufferings of humanity. Behind every experience, every sorrow, every saddening, sordid thing there is reason, a great purpose. Some day, somewhere, somehow you will know that there is no difference between intense sorrow and intense joy. A mystery of the spirit? Yes; you cannot understand these things now, but when you have learned the lesson, understanding will come.

We give you hope. You are marching forward; the earth plane, the earth planet as a whole, moves forward with its whole being towards becoming itself like a sun. Earth’s humanity has awakened, and slowly, almost imperceptibly, humanity responds and raises itself, even as a child stirs in the womb. The earth is surely moving towards its own birth; it will become spiritualized, so that its very crust, its outer substance, is changed and transcended.

In the same way, human life moves towards such a birth. It moves into glory, into freedom. Every experience brings to humanity growth towards spiritual consciousness. Nothing is wasted in life: no experience whatsoever. However hard the lessons have been for you, and maybe at this moment are, may it comfort and inspire you to be told that they are worthwhile. Humanity makes progress; it does not regress, and every method used to bring about its birth into the spiritual life is necessary. Look out upon the world as it is with tolerance and love and hope. There is no death! Progress, progress, progress... growth; a lifeforce ever moving onward, forward into the Sun. Hope!

*The Light Bringer, Pg 86-87*



## The Gentle Brother by White Eagle



### A MEDITATION

*We suggest that you read the ensuing paragraph slowly, creating as you read a mind-picture of what the words convey. In this way you can be blessed and uplifted.*

Beloved, you are facing the altar of the Most High . . . The Holy Breath is upon you. Above the altar descends the White Bird, symbol of the Holy Breath, and as you gaze beyond the form of the temple of earth, beyond the form of the temple of the astral plane, you look upwards into the perfect light, and breathe in the breath of perfect life. You catch a momentary vision of the glory of the world beyond, the life of the future; and the rays from that life are now upon you. They penetrate the atoms of your soul, and you rise in consciousness into the state where the mystical marriage between the spirit and the soul takes place. Holy, pure, complete, there descends upon your brow the crown of perfect life . . . .

Your deep need, dear children, is to be able at all times to catch the voice of the Master of Love across the oceans of turmoil and conflict; to feel and inhale the beauty and the fragrance of his aura. Do not allow yourselves to be enslaved by earthly things, by ignorance, doubt and fears. Ever strive to see the spiritual law and its out-working through the lives of those entrusted to you because *you* have received knowledge and light; and every soul who comes to you or near you wants your help. When you are confronted with difficult cases remember they need your help. They may appear to be arrogant and selfish but they are ignorant of divine life and truth. They need your help to rise onto a plane of harmony and peace.

All the world is thirsting for the living waters, for the truth; and in this Aquarian Age where the intellect becomes a god it is so necessary for the fragrance of the Rose to be continually projected onto the mental plane, so that those who are engrossed only in mental pursuits may occasionally catch the waves of the perfume and fragrance of the Rose.

## LATE SUMMER SALAD WITH FETA & BEETS

Serves 4



### Ingredients:

4 red or orange beets, peeled  
3 tbsp balsamic vinegar, divided  
1 tsp butter  
8 cups spring greens  
1-1/2 cups thinly sliced cucumber  
1/4 cup thinly sliced red onion  
1 cup crumbled feta cheese  
1/4 cup chopped fresh basil

### Instructions:

Preheat oven to 400°F  
Place beets on a large piece of heavy foil. Add butter and 1 tbsp of the vinegar; wrap well and roast for about 45 minutes or until tender when pierced with a knife. Let cool slightly and slice. Place beets and juices in a large bowl.

Divide spring greens among 4 dinner plates. Add cucumber & red onion. Top with sliced beets and juices. Sprinkle with feta and basil. Drizzle with remaining balsamic vinegar.

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\* \* \* \* \*

### For more information go to:

<https://whiteaglelodge.org/2022-retreats/>

Or call **936-597-5757**

As of this printing, there are no Retreats  
scheduled via Zoom.

Check back at:

<https://whiteaglelodge.org/2021-online-courses/>



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