

THE WHITE EAGLE LODGE

STAR CENTRE FOR CANADA VOL. 37 EASTER 2020

# DRUMBEAT

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*HAPPY*

*EASTER*



## Sue's Letter

Greetings to our White Eagle Family  
and Friends,

We send our love and prayers to all of you.

During this season of Easter and spring, we are blessed to feel the warm weather and think of the great love of Divine Mother re-creating new growth and new beginnings. With Her encouragement we once again reach towards the Light and turn our faces to the Sun. The resurrection of the Master Jesus brings us abundant joy and happiness. The arisen Christ is within us and all around us.



“Jesus the Christ still comes among you to bring you light, and love and joy. He comes to bring you inspiration and spiritual power. But we want you to get an even grander realization of the Lord Christ. We would impress upon all that the Christ-spirit is a cosmic spirit without limitation; Christ is both the spiritual Sun and the Son of God, even as you have been taught.” *Jesus Teacher and Healer by White Eagle*

We know at the physical level there is so much hardship and heart-break; yet there is all goodness and comfort as we draw within. There is that lamp that glows brightly within us for all to see and feel. Care and compassion resides in our hearts of so many looking to find a way of helping others.

We hold our families even closer now in our hearts. The wisdom of God tells us the inner work we do now will be life changing. We feel the sweetest love within our White Eagle family as this challenging time brings an even greater purpose to our work.

*“Center your thoughts and your feelings upon the symbol of the Christ love, the sweet rose. The greatest work is done through love, only love. May love bloom like the rose in the garden of the temple of your heart.” White Eagle*

Here at the Star Centre we are growing our sense of family. We call and check up with other, share names that need to be on our healing lists and share articles about the pandemic.

‘This past Sunday, Queen Elizabeth, Queen of Canada, gave a televised speech regarding this difficult time. This was only her fifth time giving such an historic speech. Her message was sincere, filled with hope and unity.

Canada’s Prime Minister, Justin Trudeau, delivers a briefing everyday at 11:15am on our national news channel. He talks of the individual ways in which we are helping each by staying home and heeding the rules of hand washing and keeping our physical distance. He relates to the children and knows it’s difficult to stay at home and not play with your friends. There are different emergency programs that have come into development to help with our daily lives. But most importantly, he tells us that “we are all in this together” during these challenging times.

This Easter issue is also based on the theme of ‘thought.’ You can keep this in mind as you read the articles. Here is a quote from the following article on page 4-5 (*A Clear and Golden Sky*):

*“All human life is a process of thought. What you think about, you must in time yourself become. What the world is thinking today will surely come about tomorrow.”*

*Wishing you a very lovely Easter and a bright spring.*

*You are all Love, all Beauty.*

*With Love, Sue Leader, Star Centre for Canada*



# A CLEAR AND GOLDEN SKY

## *Right Thought*

We would impress upon you the importance of right thought, of thoughts of goodwill, of God thought. Because if this beneficent habit became strong in humanity, with all peoples earnest in prayer for the coming of goodwill and harmony, help beyond measure would go to the White Brethren who are planning the future of mankind. Indeed, we are able to tell you that the light has already broken down some of the shadows, and that a clearer understanding is coming.

Nevertheless there is still much to be done before men are freed from the shackles of their ignorance. We must all be of the one spirit, the spirit of love, the spirit of Christ. This is only attained by continual effort to be as God created and wills you to be, sons and daughters of the Light.

We see a future when wars between nations will cease. We see an entirely fresh way of life opening for man, a state of being which today he cannot even conceive. But remember that all social, industrial, national and international problems can only be solved by love; by love finding expression in patience, forbearance, service – in a word, by man living in fellowship and brotherhood with his neighbour.

Already man is learning that the good of others comes even before his own good; so that out of sore travail and pain the spirit of brotherhood is slowly but definitely being born.

Through his life man's thoughts are actively creating his world about him. His thought of today will be externalized in his environment of tomorrow. Thus, when people think angrily about other nations, and when that form of collective thinking becomes strong enough, war comes about, and this solely as a result of man's mass-thought externalized and made manifest. All human life is a process of thought. What you think about, *you* must in time yourself become. What the world is thinking today will surely come about tomorrow. Everything in your physical world has eventuated because it was first created in some man's thought-world.

## *All-Enfolding Love*

We come into your midst bringing a love which we find inexpressible in words. We only pray that the Great Spirit of love will use us as instruments to convey to you a realization of the all-enfolding love and protection of God, of which you stand in so much need. We are speaking to you collectively but also individually because we are aware of your fears, your anxieties, and of your heart's hunger. Would that we could raise you from the earth-bound consciousness which so often imprisons you.

Never think that we cannot enter into your troubles, or understand the weariness of the body and the anxiety of the mind. Never think that we are unconcerned by your mental or material troubles. Every secret of your souls is known to the Masters. They work as with one mind, in complete unison; but when they descend to the level of humanity each has his own particular branch of work. Yet at the highest all Masters are *one*. This is because the master-mind is in complete attunement with the universal mind, where truth abides. Radiations of truth go forth from this centre to envelop the whole universe and every individual life.

The angels and the Christ himself are not so remote as you are apt to think. You have the power – even at this very moment! – to leave all to follow him, so that you can abide with him in his high estate. Try to remember this, more particularly when you are bowed down by material troubles and cares; for it is then that he calls, saying, ‘Leave all and follow me . . . for I AM the way, the truth and the life.’

Men and women make such a mistake when they think of heaven as remote, as far beyond their attainment. Heaven is within man, and he must learn to find heaven while he is still in a physical body. Then he will surely migrate to a heavenly plane when he slips off his coat of skin at physical death.

*Morning Light on the Spiritual Path pp 53-56*

## What Thought Can Do

Thought can and does create compassion, hope, resolution and so many well-meaning ideas, blessings and creates a day!

*It is only through thought power and love power that humanity can be touched and helped and guided.*

Every day we make choices which start with a thought.

These are all important no matter how small your thought is or the action it creates.

You could wave a "thank-you" to the driver who let you in, a "have a good day" to the girl who serves you your coffee or a

smile at a stranger. If your thoughts are negative this reflects in our body language, speech and actions. We create an aura around ourselves.

*To create positive good, you must always think positively.*

So put on a smile, brighten your eyes, make every word you speak a positive one.

*As you think light, as you think good, you will become a creator, with God, of a beautiful world, a beautiful humanity.*

By Patty Hoffman, *White Eagle in Italics*

**TAKING THE WHITE EAGLE  
EARTH HEALING SERVICE OUTDOORS !**



I've done the attunement the last two weeks and really enjoyed it.

The whole energy fits so well into what I do and believe.

Thank-you for the privilege.

*Submitted by Victoria*



The Word of God, our Lord Jesus Christ,

through His transcendent Love,

became man,

so that men could become Divine.

*Saint Irenaeus, Bishop of Lyons*



## 23<sup>rd</sup> Psalm

The Lord is my Shepherd  
*That's Relationship!*

I shall not want  
*That's Supply!*

He maketh me to lie down  
in green pastures  
*That's Rest!*

He leadeth me beside the still waters  
*That's Refreshment!*

He restoreth my soul  
*That's Healing!*

He leadeth me in the paths of righteousness  
*That's Guidance!*

For His name sake  
*That's Purpose!*

Yea, though I walk through the valley of the shadow of death  
*That's Testing!*

I will fear no evil  
*That's Protection!*

For Thou art with me  
*That's Faithfulness!*



Thy rod and Thy staff they comfort me  
*That's Discipline!*

Thou preparest a table before me in the presence of mine enemies  
*That's Hope!*

Thou annointest my head with oil  
*That's Consecration!*

My cup runneth over  
*That's Abundance!*

Surely goodness and mercy shall follow me all the days of my life  
*That's Blessing!*

And I will dwell in the house of the Lord  
*That's Security!*

Forever  
*That's Eternity!*

*Face it, the Lord is crazy about you.*

*I thought this was pretty special, just like YOU!!!*

*What is most valuable, is not what  
we have in our lives, but WHO we have in our lives!*

*From, Grandma Faith's Website*



# THE PROTECTIVE POWER OF POSITIVE THOUGHT

By Jenny Dent

There are many issues in the world today which are troubling people. The current outbreak of the Corona virus is one example.

Worldwide and instant communication is a great blessing in some ways, and has certainly changed our lives from even a few decades ago. It has brought greater understanding and openness between cultures all around the globe. However, the downside of being told in detail what is going on everywhere is that it can definitely increase the amount of negative thought and fear around the subject being reported.

Even before the outbreak of this particular virus, I was very aware of the added importance of visualizing the world bathed in silver light, seeing this light radiating from the Star, filled with the Wisdom Ray from the Angels of Mercury. Mercury (with Jupiter) helps uplift the consciousness of people to the light and a deeper understanding of God's great Wisdom (even if this is an unconscious happening). If we can work consciously with this silver ray, breathing in the Wisdom of God, and breathing out any negative thought as soon as it arises, it is the most powerful protection we could need! We all know how powerful thought is, and when it is aligned with the 'silver ray' and a steady faith in God's wisdom, and the opportunity every seeming trouble brings, we can be like shining knights spreading light and hope wherever we go!

As White Eagle says in *The Quiet Mind*: 'Never fear your journey ahead, for as God has watched over you all your life and, in spite of your fears, has brought you through all the trials and sorrows of your life, so He will take you through the darkest vale, into the light.'

*Star Notes – Jenny Dent's Spiritual Blog. Posted: 10 March 2020*

*Worldwide Lodge Mother for the White Eagle Lodge*

## THE DANCE

To be able to see the dance of the swallows is a treat. I was presented with this show one night on my way home from work. The evening was cold, and I was surprised to see them out. The back and forth, swaying, sudden stops and turns of these swallows is a gift to behold. I was stopped at a red light therefore given a full show.

To watch these birds is raw nature at its finest. There were two groups engaged in the dance I observed. One much larger than the other. The smaller group appeared to always be trying to catch up to the larger one. I shuttered at one point as I thought the two groups were going to crash into each other! No, this did not happen, but they did join and become one dancer. As soon as they joined, they were separate dancers again. They preferred to be dance partners.

*By Patty Hoffman*



# EASTER GREETINGS FROM BEAUTIFUL BRITISH COLUMBIA



Here we are still cold in February but we are watching the buds forming on the trees and the snowdrops are out: Spring is on the way. Watching nature tells us the story of everything; all things climbing to the light, as so do we climb from a tiny seed grown in the darkness of the material world reaching to the light of spirit.

Here in B.C. the White Eagle work continues as usual. We are a small group now but we Keep on Keeping on sending out the light. This year we will have been a Daughter Lodge for 21 years but we have been meeting as a group for 28 years! During that time many people have passed through and been linked to the Star with us. We hope that all of those people who have been here and moved on to other locations have taken the love and light of the Star with them and in turn have sent the light out to others for that is the purpose of our groups; to link travellers on life's journey to the chain of light and ultimately to the Star and to enlarge the circle of light around the world. Once the link has been made so it remains and eventually it will bring us all back together again somewhere in time. Today a lot of networking is done on machines. I prefer the network that is created by energy linking one to another through the group. If we close our eyes we may imagine the lines of light radiating out. It is the people who have been linked in a group to the teachings, that have taken them around the country or the world. As we sit in our services each week we are linked with all those who have been a part of this group even if those who have moved on are not consciously aware of it. They join us as surely as those who are in spirit and the ancient cry goes out, 'Let the Light Shine.'

Resurrection: 'Now is the time of resurrection, resurrection from darkness and the cold of wintertime into a golden spring. How thankfully you greet the sun in your northern hemisphere as the days grow longer and brighter after the drear cold. This is an illustration of what takes place in the soul of man when he can attune himself to the warmth and the love and the light of the spiritual sun, and free himself from his enslavement by physical matter.

We are not suggesting that the physical life is unimportant. The physical life on your earth is of the utmost importance. But man has been put into a physical body in order to learn to free himself from the bondage of matter and to fill the physical life with beauty, happiness, well being, and health that God intends him to have. In other words to attain mastery over physical matter. In time the spirit will command the whole earth and the golden age will come to earth.'

*The Way of the Sun, White Eagle*

We wish you a very Happy Easter as you celebrate the resurrection of life in joy and happiness. From all in the B.C. Daughter Lodge.

With Love and Blessings.

*Ann Force*

The life beyond is the Thought-State. What we go to after death of the physical body is precisely decided by what we think.

*Angelus July 1943 pp23-24*

**A sign of spring in Helen's backyard!**



## SURRENDER

Beloved brethren, your religion teaches you to feel unhappy at this glorious time of the year, and many are heavy with sorrow at the thought of the crucifixion of their lord and Master; they think sorrowfully of the physical body suffering on a cross. May we tell you that the crucifixion is not as you understand it. It is a symbol of the spiritual growth and evolution of man, the symbol of the initiation of the earth, and in it can be read the story of the liberation of the spirit from the domination of the flesh and earthly matter.

The beloved Master Jesus could not be crucified nor put to the agony which men imagine. He withdrew from his physical body, and could not be harmed through any physical ordeal. This is a great truth that you too have to learn, that the spirit of man can be touched neither by pain nor grief nor sorrow.

The lower nature, the self which is full of pride, resents having to surrender to the will of the Father; and so long as it resents it suffers. You have experienced this in your own life. You are in this sense crucified in matter, and you suffer; but as soon as you surrender to the will of God, your suffering ceases.

This is a lesson which Easter has to teach. It is a time of sweet surrender to the light and beauty of the spirit; and with this surrender comes the great outpouring from the Son, Christ, to bless the child of God.

The crucifixion is a symbol of the earth initiation in which (put in very simple language) the soul, having seen the glory of the Father, is able to demonstrate that glory in his actions on earth. It is one thing to know theoretically, but practice is very far from theory. The earth initiation means bringing the Christ spirit into manifestation in daily life.

Whatever your personal sorrow, fix your vision upon the glorious light of God and you shall have peace in your heart and you will rejoice, for the love of God will be made plain to you. Do not let your mind batter at you with trivial questions. Rather cultivate steadfast faith in goodness and in evolution.

Cultivate a very steady and calm mind and a heart full of love towards God and your fellow man.

My Children, when the inrush of God's love comes to you, as a natural happening, you will know weariness neither of the mind, body nor spirit. You will say, 'Oh, that belief is all very well for you, White Eagle!' But do not forget that we too have passed along the same road as do you. We know the weakness and weariness of the flesh, but we know that you can only arrive at constant renewal by cultivating awareness and faith in God.

*The Way of the Sun by White Eagle, pp.23-24*



### **Reflect the Light:**

**The world needs all the positive God-thought that  
you can project, to heal the sick  
in body and mind.**





## CORONA VIRUS

Corona means Crown in Latin

Corona also refers to the aura of plasma that surrounds the sun and other stars – it basically means Aura

The Crown is the 7<sup>th</sup> chakra –  
Seventh Seal – Opening to God

When a baby is being born the moment it comes out they call it crowning as a baby usually descends ‘head first’ – we are being birthed anew

What we are seeing is the long time Reigning power, the old system, dying...

It started in China, which is also symbolic of the power China has when it comes to supplying the modern world with just about everything, the epicenter of production

What is a Virus? a piece of code which is capable of copying itself and typically has a detrimental effect, such as corrupting the system of destroying data



The Corona Virus is doing  
exactly what it is ordained to do,  
to DISMANTLE that which no  
longer serves, a deletion of the  
fear web so we can be birthed  
Anew

Just as we purge, Humanity  
purges too, this “Pandemic” is  
that purge

As always, Love = Immunity  
Stay in your heart  
*Anonymous*

“You can serve humanity in no better way than this; to be an instrument for the forces of light. Remember that God needs man through whom to manifest. You have only to surrender to God, obey His/Her will and accept this and immediately you become a server; you are helping the world. There is no limit to the rays of light which can pour through you and extend all over the earth. Love God first, love all that is good in the world, love all that is good in life. See good in life, love God, love good with all your heart and soul and mind. By so doing, you will realize also how to love your neighbor as your self.” *Healing the World by White Eagle*



## NEWSFLASH FROM JANE SORBI

### (Mother for the White Eagle Work in the Americas)

Our very dear Family,

How much you and indeed all of those around the world are in our thoughts and prayers, much, much love to you all.

We know there are many questions, fears and unanswered questions concerning the process through which we as a collective humanity are moving through. We have been given the great blessing of a sure, firm spiritual foundation upon which we can base our lives. It is this assurance which allows us to quietly move forward.

We may be separated by physical distance but how close we feel in spirit. At the moment the world seems to be being drawn away from a life of much outer activity to one of a re-discovery of the inner life and the treasures which lie within; learning to become still, in mind and heart.

*“... but you, the earth people, are about to be set a very stiff examination... and you have been called not through the years of fire (the world wars which have passed) but through years of initiation in a higher consciousness – into deeper comprehension of cosmic truth.”*

White Eagle Wisdom:

At this particular time there is a sense of stillness, of waiting. It is a time of waiting for a world initiation. Even nature seems to be waiting for the World of Light, waiting to burst forth in glorious manifestation of the Light. But before that manifestation comes into your own personal lives there is a period of apparent darkness, silence, expectancy; and then comes the great trial, the testing. The world is passing through this testing and you too, as individuals, are passing through this period of testing...

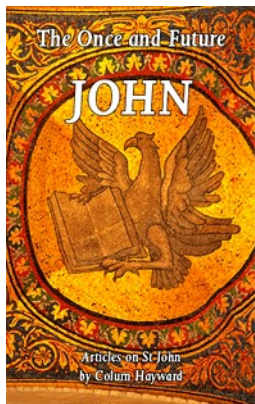
So, if the door closes on some part of your life, which was dear to you, or if you lose a dear one, you can be sure that presently a divine path, faith in the divine love which runs like a bright thread through all human life...

“In the great light of the Christ Star we hold all those who are suffering, those who are isolated or lonely, those who are bereaved and those who are afraid. We hold the thought atmosphere worldwide in the uplifting silver light of the Star. We see the powerful light of the Christ Star working in the hearts of all people.”

## The Once and Future JOHN

### Articles on St John by Colum Hayward

Collected articles on St John the Evangelist – or Divine, or Beloved – and his relationship to Jesus, ranging from who he was and how we relate to him, to his death (or not dying) and his currency as a **teacher for the Aquarian Age**. We also see John as a teacher in his own right, and with his own following in his later years.



Two of the articles are about Jesus.

John, with Mary Magdalene, was the first of the disciples to see Jesus after the resurrection and is known as ‘the Beloved’ because of the special estimation in which Jesus seems to have held him.

Most of the articles appeared in the White Eagle Lodge magazine *Stella Polaris*, but three sections of the book are new to this volume.

*\$15.00 + postage.*

To order this book, please email: [books@whiteagle.ca](mailto:books@whiteagle.ca)

“Salvation is the true word to describe the mission of the Christ spirit; for when the Christ spirit becomes alive in you, you are literally saved from your sins; you live in the light, and bring light into the world. Once the Christ spirit quickens within you, the world can no longer touch you.”

*From White Eagle on Festivals & Celebrations*

# The Gentle Brother



WE LIKE an atmosphere of harmony and comfort, for discomfort is a barrier to the spiritual influences and distracts the lower mind, so that the spiritual mind cannot respond. So be easy. Harmony is the first requisite for perfect health—to be perfectly at ease. When the mind can be tranquil and calm, then the whole body responds, and there is a lack of disease ...dis-ease cannot enter the body when the mind is at peace.

There are many who will say: ‘But how is this possible when there are disagreeable conditions to contend with on the physical plane?’ It is possible; but it does need self-control, and control of all kinds of thoughts----disturbing and distracting thoughts. You say we cannot help our thoughts rushing in; they come before we realize it. Well, that is true. But you can, in time, control the inrush. It cannot be done instantly: you cannot sit down one morning and say, ‘I will not have any unwanted thoughts today’. It is not quite as easy as that! It may take a long time, and even several lives, to gain this poise of spirit, this domination of the earthly mind by the pure spirit, the divine in you.

But be not discouraged. Make it habitual to welcome and respond to thoughts of purity, gentleness, kindness, and goodwill. Make no mistake: this does not mean that we must go about our daily lives in a pious and sanctimonious attitude. This is the last thing advocated. Be natural; be generous in thought; keep constantly the reminder in the heart of the presence of Christ, the noble and perfect Son of God.....the cosmic Christ, who manifested so beautifully through the Master Jesus.

*From Stella Polaris, Feb-March 2014*

## CHICKPEA SALAD

- 3 Tbsp. extra virgin olive oil
- 3 Tbsp. lemon juice  
(juice of 1 large lemon)
- 1 garlic clove minced
- $\frac{1}{2}$  tsp. salt (optional)
- $\frac{1}{8}$  tsp. black pepper
- 1  $\frac{1}{2}$  cups cherry tomatoes,  
halved and sliced
- 1 English cucumber, halved &  
sliced
- 15 oz. can chickpeas, drained  
& rinsed
- $\frac{1}{2}$  medium red onion, sliced  
thinly
- 1 avocado, sliced
- $\frac{1}{4}$  cup cilantro, chopped
- 4 oz. feta cheese, diced

### DIRECTIONS:

Combine dressing ingredients in a small bowl: olive oil, lemon juice, garlic, salt & pepper. Whisk to combine. Combine the rest of the ingredients in a small salad bowl. Add dressing and toss. ENJOY !!!

Submitted by  
Patty Hoffman



St. John's Retreat Center-  
Retreat Schedule 2020



**DUE TO COVID-19  
ALL RETREATS ARE  
CANCELLED UNTIL FURTHER  
NOTICE**





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**THE STAR CENTRE FOR  
CANADA CARRIES A  
STOCK OF WHITE EAGLE  
BOOKS, CD'S ETC., AND  
WELCOMES YOUR  
ORDERS.**